

Sept-June 2024-2025

REC SCHEDULE

TINY GUYS & GIRLS

Monday: 4:45-5:45

Preschool

3-4 Yrs

SUPER NOVAS

Monday: 5:45-6:45

Tuesday: 4:45-5:45

Wednesday: 5:45-6:45

Thursday: 5:45-6:45

Preschool **4-5 yrs**

MINI NINJAS

Wednesday: 4:45-5:45

Preschool **3-4 Yrs**

PARENT & TOT

Wednesday: 5:45-6:45

2-3 Yrs and Parent

Preschool

BEGINNER Age 6+

Monday: 4:45-5:45 Or 5:45-6:45 Or 6:45-7:45

Tuesday: 5:45-6:45 Or 6:45-7:45

Wednesday: 4:45-5:45 Or 6:45-7:45

Thursday: 4:45-5:45 Or 5:45-6:45

Or 6:45-7:45

NINJA WARRIORS

Monday: 5-6 (5-7 Yrs)

Monday: 6-7 (8-10 Yrs)

Monday: 7-8 (10+ Yrs)

PARKOUR

Tuesday: 4:45-5:45 (5-7 Yrs)

Tuesday: 5:45-6:45 (8+ Yrs)

NOVICE

Monday: 4:45-6:15 Or 6:15-7:45

Tuesday: 4:30-6:00

Wednesday: 4:45-6:15 Or 6:15-7:45

Thursday: 4:30-6:00

INTERMEDIATE/ADVANCED

Tuesday: 6-8

Thursday: 6-8

CIRCUS & AERIAL ARTS

Tuesday: 5:30-6:30 L1

Tuesday: 6:30-8 L2+

Age 6+

SPECIALTY CLASS

Tuesday: 4:30-5:30

Offered to athletes enrolled in Beginner or Novice. Each month will be an event specific training for utmost growth in your athlete's skills.

Look at our website!

Explosionlloyd.com

REGISTRATION OPENS AUG 5TH